

Mountaineer

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Feb. 17, 2005

On-post housing is available now

by Sgt. Jon Wiley
Mountaineer staff

If you have ever thought about living on post, now is your chance to move into Fort Carson housing.

Two- and three-bedroom homes for junior enlisted Soldiers and their families are available in several villages, said Lynn Rivera, general manager for GMH Military Housing.

There are also houses available for company grade officers in Navajo Village and for senior enlisted in

Blackfoot Village.

Rivera said those who are on the housing waiting list who have not been contacted by GMH about these vacancies probably need to have their contact information updated.

"We're encouraging people to come in and update their information at the housing referral office," she said. New arrivals to the post also need to go to the housing referral office and fill out a

See Housing, Page 8



Photo by Pfc. Clint Stein

Changing command ...

Lt. Col. Leonard E. Wells, center, receives the 3rd Special Troops Battalion colors from Col. Brian Jones, left, commander of the 3rd Brigade Combat Team, 4th Infantry Division, during the battalion's change of command ceremony Monday. Wells assumed command of the 3rd STB from Lt. Col. Laura C. Loftus, right. The 3rd BCT had a total of five changes of command Monday and Tuesday at Manhart Field as part of the brigade's transformation into a unit of action. For more on those changes of command, see Pages 18 and 19.



Photo by Sgt. Chris Smith

Scout training ...

Staff Sgt. Joel Zepeda, Scout Platoon, Troop G, 2nd Squadron, 3rd Armored Cavalry Regiment, goes over his mission prior to execution during training. For more on the training, see Page 5.

Black History Month events

- There is a rap contest Saturday at the Freedom Performing Arts Center. There is a \$10 entry fee and competition will end in battle. Entry forms are available at the Freedom Performing Arts Center. For more information, call 526-1867.

- John Sebastian, a children's storyteller, is at the Grant Library Thursday, from 6:30 to 7:30 p.m.

- The Black History Observance is Thursday at the Elkhorn Conference Center from 11 a.m. to 2 p.m.

INSIDE THE MOUNTAINEER

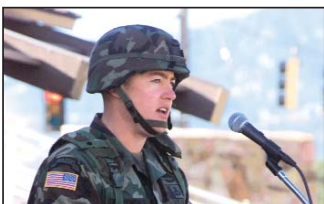
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Feature



3rd Brigade Combat Team changes command at all battalions.

See Pages 18 and 19.

Happenings



A chief's coat is displayed in the Colorado Springs Pioneers Museum, along with city history.
See Pages 29 and 30.

Holiday

The *Mountaineer* office will be closed Monday in observance of the Presidents Day holiday.

Post Weather hotline:
526-0096

Niagara Movement: a struggle for rights

by Sgt. 1st Class Ronny Phillips
and Patricia Rosas

Fort Carson Equal Opportunity Office

This year's theme for Black History Month is:
"The Niagara Movement."

The Niagara Movement is considered a great event in the struggle for equal rights in America. It was led by those who believed that accommodation to inequality was not what they wanted for their children. W.E.B. DuBois and William M. Trotter headed this movement and in July 1905, on the Canadian side of Niagara Falls, 29 men met to form the Niagara Movement. The location's voice of its "mighty current" symbolized the protest the group wished to unleash.

The group appointed DuBois as general secretary, split into committees and divided the work at hand among state chapters. The Niagara Movement pursued its activities of distributing pamphlets, lobbying against Jim Crow laws, and sending circulars and protest letters with little funding and resources, just like the mighty voice of the current of justice and equality. The second and last conference for the Niagara Movement was held at Harper's Ferry, W.Va.

This movement had a short life but left a lasting legacy. By 1908, DuBois joined the National Association for the Advancement of Colored People, which continued its struggle for justice and equality. In July 2005, we will be celebrating the 100th anniversary of the Niagara Movement.

I think most of us in the United States would like to believe that race is no longer an issue in our country, that we have obtained "life, liberty and the pursuit of happiness" for all citizens.

The former governor of Mississippi, William F. Winter, once said "I must tell you that the problem of race, despite all the progress we have made, remains the thorniest, trickiest and most difficult barrier that we confront to achieve a truly successful and united region. One of the reasons that it is so hard is that most white folks and most black folks do not share the same perspective. Most white folks think that we have come a lot further in race relations than most black people do. There is still too much misunderstanding between the races, too much flight, too little trust, too many subtle nuances that signal the continuing gap."

The celebration of Black History Month gives

us an opportunity to decrease that gap, as do the other ethnic observances we celebrate throughout the year. We here at the Fort Carson Equal Opportunity, Equal Employment Opportunities and Directorate of Community Activities, have formed our own Niagara Movement.

You may have noticed that there are several events taking place throughout Black History Month. Our goal is to bring the community educational, informative, thoroughly enjoyable and occasionally inspirational programs to bring us all a bit closer to a common understanding of one another. If you have any ideas for future programs or would like to be part of the committee, contact one of the above offices.

Fort Carson will be hosting the post observance Thursday, which will feature retired 1st Sgt. Bogan at the Elkhorn Conference Center from 11:30 a.m. to 1 p.m. Come enjoy a guest speaker, education booths, entertainment and free food sampling. And for those of you who can't make it to the festivities at the Elkhorn, please join us for John Sebastian's Children's Storytelling at the library from 6:30 to 7:30 p.m.

Remember Black history is American history!

Carson EO word of the month — family

by Liberto F. Avila
Fort Carson Equal
Opportunity Office

If we were to describe the word "family," and what it meant in the traditional sense, we would say this: a family is a group of individuals who live under one roof, and under one head of household. They are regarded as deriving from common stock.

But that's not only the definition for family there is one that many more think about: a group of people who are united by certain convictions and a common affiliation. For we are a military family; we are a family of brothers and sisters, bound by our

love for this country and everything it stands for. Although sometimes we forget, or we are too busy to notice one of our own who needs our help, we know that when we encounter certain perilous parts of our life, our brothers are there to support us. The last few years, experiences have shown us that we are a strong family, that we are at the ready to help our comrades and their families.

Our family is not just another 8 a.m. to 5 p.m. job; it is a life-time commitment, a job that sometimes makes a heart weak, and most times makes us proud to say we are part of this family. The military family is one

filled with pride and courage. We have endured the pain of losing friends, husbands, fathers, wives, mothers, sons, daughters and comrades-in-arms. Yet we are still a strong family; we will never falter, never bow our heads and never walk in fear.

When our family is in pain, we will be there to lend our hearts; when we have nothing, we will be there to give all we can; when we cry, we will be there to wipe away the tears; when our family falters, we will lend our shoulders to steady their steps.

Our family doesn't have a head of household; it has a strong commitment to each other, and it can work indepen-

dently but would rather share the burden. It consists of values, principles, standards and it has qualities considered worthwhile and admired by many.

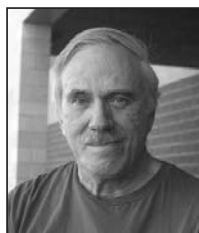
Our military family is a melting pot of rich ethnic heritage, a family of the world, founded by people from all over whose love for this country is as strong as their love for their family members.

So, yes, our family is strong and versatile. Our family members are full of courage, compassion, love and understanding.

That's what makes us swell with pride when we say: "We're a military family."



How is the Army like a family?



"Everybody works together to reach the same goal like a family would."

Donald Womack
Army retiree



"Reliance on others in the unit, and everybody has something to bring to the table."

Sgt. Joshua Peters
Medical Troop, Support
Squadron, 3rd ACR



"I can depend on all my Soldiers and my Soldiers can depend on me."

Command Sgt. Maj. Glen
Dailey,
3rd Squadron, 3rd ACR



"You never leave anybody behind, just like a family member."

Sgt. Eduardo Gutierrez
HHT, 2nd Squadron, 3rd
ACR

MOUNTAINEER

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News

New badge for non-infantry Soldiers

by Lisa Burgess

Stars and Stripes, Mideast edition

ARLINGTON, Va. — After 60 years of debate, Army officials have finally decided to create a badge for non-infantry Soldiers, which will recognize their direct participation in ground combat.

Army Chief of Staff Gen. Peter Schoomaker presented the new Close Combat Badge, or CCB, to a cadre of senior officers Friday, during a regularly scheduled meeting of four-star Army generals, according to Lt. Col. Bryan Hilferty, an Army personnel spokesman.

The new badge will be the equivalent of the Army's Combat Infantry Badge, which was created in 1943.

The CIB, in the form of a rifle surrounded by a wreath, is reserved for infantry and Special Forces Soldiers only.

The Close Combat Badge will be awarded to Soldiers with military occupational specialties in armor, the cavalry, combat engineering and field artillery. Officers must have a branch or specialty recognized in Army regulations as "having a high probability to routinely engage in direct combat."

The CCB will be presented only to Soldiers who are engaged in active ground combat, moving to contact and destroy the enemy with direct fire.

All Soldiers are allowed to wear their unit patch on

their right shoulder as a "combat patch" after spending 30 days in an authorized combat theater.

While prestigious, the wear of this unit patch as a combat designator does not necessarily indicate that the wearer was involved in direct ground fighting.

That is the purpose of the Combat Infantry Badge and a Combat Medical Badge, which is reserved for Army, Navy and Air Force medics. These were the only two Army symbols that indicate that the wearer has come under direct enemy fire.

Combat badges are different from military medals. Medals and the ribbons that represent them are worn only on a Soldier's mess dress and Class "A" and "B" uniforms, never on battle dress uniforms.

But the badges, which are rectangular pieces of metal when worn on the dress or Class "A" and "B" uniforms, are also worn as a fabric patch above the right-hand breast pocket of the BDUs — acting as a "visual recognition of close combat" whenever a Soldier is in uniform, Hilferty said.

The creation of the new Close Combat Badge closes a debate that Soldiers have been "talking about since the 1940s," when the CIB was established, Hilferty said in a Monday telephone interview.

Soldiers and their leaders have argued over the

Proposed criteria for the Army's new Close Combat Badge

Those eligible are: colonel or below for officers; all enlisted Soldiers are eligible.

- Enlisted Soldiers must have a military occupational specialty in armor or cavalry (CMF 19), artillery (CMF 13), or combat engineer (CMF 12).

- Officers must have a branch or specialty officially recognized in Army Regulation 611-1 as "having a high probability to routinely engage in direct combat."

Soldiers must be:

- Assigned or attached to an Army brigade or smaller unit that is purposely organized to routinely conduct close combat operations and engage in direct combat, in accordance with existing Army rules and policy.

- Under fire while engaged in active ground combat, to move into contact and destroy the enemy with direct fire.

- Battle or campaign participation is not sufficient to qualify for this award; the unit must have been in active ground combat.

Effective date: Sept. 11, 2001 (retroactive)

Note: As of Monday, these criteria had not been fully approved by Army or Defense Department officials.

See New badge, Page 7

SMA:

Soldiers to change jobs in transformation

by Tech. Sgt. Jim Moser
Army News Service

TAMPA, Fla. — More than 100,000 Soldiers will move from “Cold War” jobs to positions such as military police and civil affairs as part of Army transformation, Sgt. Maj. of the Army Kenneth Preston said.

Preston visited MacDill Air Force Base, Fla., Feb. 7 to meet with U.S. Central Command and U.S. Special Operations Command troops. He held two enlisted calls and spoke at a luncheon where he presented awards to top Soldiers in the joint commands, the National Guard, Army Reserve, Recruiting Command and ROTC.

“We have a lot of troops in ‘Cold War’ jobs,” Preston said. “I call these ‘high density, low demand’ fields. The Army is going to rebalance those people to ‘high demand, low density’ fields like military police and civil affairs. Somewhere between 100,000 to 115,000 Soldiers will trans-

form to new positions.”

During the enlisted calls, Preston covered topics such as Army transformation and the performance of the Army National Guard and Reserve units deployed overseas.

“Two things transformation gives our Soldiers and their families are predictability and stability,” he said. “We have grown the Army by three brigades and by 2006 this number will increase to 10. These new brigades and the ones already transformed in their respective divisions will have a ‘three-year lifecycle.’ Troops in these brigades will remain together — train, deploy and redeploy as a team over a three-year period. So, when a Soldier goes to one of these new brigades, he or she can plan on being with the unit for at least a three year stay at a given location. When the three years are up, Soldiers can PCS to a new base or possibly remain where they are for another cycle.”

It is not news that the Army National Guard and

Reserve are heavily engaged, Preston said. Citizen Soldiers are on the ground in Iraq, Afghanistan and other theaters around the world.

Preston pointed out at one time the Guard and Reserve were the Army’s poor relation.

“In the past the Guard and Reserves received the hand-me-downs and leftovers from the active-duty Army,” Preston said. “But not anymore — 40 percent of our forces in the Iraqi AOR (area of responsibility) are Guard and Reserve. They are highly trained and well-equipped professionals. I’m proud to serve with them, and we couldn’t do the mission without them.

“I’m very proud of what our Soldiers are doing,” he said. “I hope when they finish their tours, they can look back and say ‘I helped make the world a safer place.’”

***Editor’s note:** Tech. Sgt. Jim Moser serves with the U.S. Special Operations Command Public Affairs Office.*

Military

Recon leader training comes to post

by **Sgt. Chris Smith**
Mountaineer staff

The U.S. Army Armor School at Fort Knox, Ky., brought its Scout Leaders Course to Fort Carson to help meet units' training needs in time for their deployments — which have been recently moved up.

The training encompassed two weeks of classroom instruction followed by an arduous five-day field exercise and two days of military operations on urban terrain training. The main areas of instruction included training emphasis on opposing forces doctrine; intelligence preparation on the battlefield; evaluate routes and obstructions; calculate and designate demolitions; command and control of a scout platoon; planning and execution of reconnaissance operations; and actions on contact, said Maj. Christopher Engen, chief of training, 7th Infantry Division.

There were 20 students from the 3rd Armored Cavalry Regiment and 10 from the 3rd Brigade Combat

Team in the training.

"(The course) teaches the recon platoon leader and sergeant the basic skills necessary to fight, survive and win," said Sgt. 1st Class Stanley Baker, teach chief (senior instructor), Scout Leaders Course.

The main area of training emphasis is the recon platoon's main job, to confirm or deny the enemy presence for the commander. "Our job is to be the eyes and ears of the commander," Baker said.

The areas of emphasis taught in the course were as up-to-date as possible. The majority of the instructors were veterans of Operation Iraqi Freedom. The course used their experience, along with scouts it had sent over to observe operations, to help tune its instruction to be as current as possible.

"The course is evolving," said Baker. "It's been around since the Cold War — the course is still around because it works."



Photo by Sgt. Chris Smith

Soldiers enrolled in the Scout Leader's Course go over a mission with each other prior to execution. The Soldiers were preparing for a reconnaissance mission at Camp Red Devil.

See Reconnaissance, Page 8

Military Briefs

Misc.

Shipping office moved — The Joint Personal Property Shipping Office, located in building 1220, has temporarily relocated to building 1118, room 114, because of construction. For more information, call Lorraine Mason at 526-1131 or Staff Sgt. Raymond Byman at 526-3757.

U.S. Army seeking warrant officer candidates — The U.S. Army is looking for highly motivated Soldiers, Marines, sailors and airmen to fill its warrant officer ranks. Positions are open in all 45 specialties if you qualify. Applicants with less than 12 years active federal service are encouraged to apply. For more information or to get all the forms and documents required, visit www.usarec.army.mil/warrant. Those interested can also call DSN 536-0328/0466/0271/1860/0458/0484. The toll free number is (800) 223-3735, ext. 6 and the last four digits of the phone number.

A warrant officer recruiting team from Fort Knox, Ky., will be visiting the post Monday, Tuesday and Wednesday for briefings at 10 a.m. and 1 p.m. each day at the Grant Library. Call any of the above numbers for more information.

CIF Hours

Central Issue Facility hours of operation:

Regular business hours

Mondays, Tuesdays, Wednesdays and Thursdays from 7:30 a.m. to noon and 12:30 to 3 p.m. and Fridays from 7:30 a.m. to noon.

Initial issues

Mondays through Fridays from 7:30 to 10:10 a.m.

Partial issues

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Cash Sales

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Direct exchange

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Report of survey

Mondays, Tuesdays, Wednesdays

and Thursdays from 7:30 to 10:30 a.m. and 12:30 to 3 p.m.

Partial turn-ins

Mondays, Tuesdays, Wednesdays and Thursdays from 12:30 to 3 p.m.

Full turn-ins

Appointments are scheduled Mondays, Tuesdays, Wednesdays and Thursdays, call 526-3321.

Effective immediately: Replacement will be scheduled Monday, Thursday and Friday mornings. Demobilized units tentatively have Tuesdays and Wednesdays to schedule out processing. Mobilization units will schedule unit direct exchange by appointment. Unit supply sergeants will collect Soldiers' DX items and schedule CIF appointments. A CIF employee will work one-on-one with a supply sergeant.

Active-duty units — Permanent Change of Station/End of Time in Service/chapters/retirees will make an initial out processing appointment Mondays, Tuesdays, Wednesdays and Fridays for turn-in. All follow-on appointments (14 OCIE items or less) will be scheduled if needed.

Bulk issue and turn-ins — by appointment only. Appointments can be made with Kristine Harald at 526-3321. POC for this information is Frank Howard, CIF supervisor at 526-6477.

Laundry Service

Post Laundry Service — The post laundry service provides free laundry service to Soldiers for government-owned property only. Items issued by the Central Issue Facility should be cleaned at the post laundry prior to turn in. Allow extra time for items to return from the cleaners. It is not recommended to pick up your equipment on the same day as the scheduled CIF appointment. Turn around for service is 72 hours. No appointment is necessary. The post laundry will not clean personal items like battle dress uniforms, boots, tent pegs, canteens, entrenching tools or wet-weather gear. Material TA-50 items that can be washed include: sleeping bag assembly, chemical suits, Gortex, ruck sacks, coveralls, CVC jackets and most web equipment.

Hours of operation are 7:30 a.m. to noon and 12:30 to 3:45 p.m., Mondays through Fridays, except holidays. For information, call 526-8806 or 526-8804.

Briefings

Recruiting briefing — A recruiting

briefing will be held Thursday for the 160th Special Operations Aviation Regiment (Airborne). The 160th is the nation's only special operations aviation unit. The unit provides rotary wing support to multi-service special operations units to include Rangers, Special Forces, as well as naval, air and Marine forces. Briefings will be held at 10 a.m. and 2 p.m. at 4th Squadron, 3rd ACR Hangar, building 9633, room 210. For more information or to request an application for the unit, call (270) 798-9819, DSN 635-9819, or e-mail recruiters@soar.army.mil.

Special Forces briefings — Special Forces briefings will be conducted weekly in building 7450, room 100 at the 10th Special Forces Group compound. The briefing times are Wednesdays at 10 a.m. and noon.

The Army's Special Forces is a strategic, multi-purpose force capable of rapid response to various contingencies around the world. Called "Green Berets," these highly-skilled Soldiers are trained in unconventional warfare, foreign internal defense, direct action, special reconnaissance, combating terrorism, information operations and counter proliferation.

Special Forces candidates must be mature and self-motivated; open and humble; and better conditioned physically and emotionally than the average Soldier. All interested male Soldiers, privates first class to staff sergeants, and second and first lieutenants are encouraged to attend. For more information, contact Sgt. 1st Class Bill Roepe at 524-1461.

eArmyU — eArmyU program briefings are conducted at the Mountain Post Training and Education Center, building 1117, Tuesdays at 9 and 11:30 a.m. and Wednesdays at 1:30 p.m.

The Army Career and Alumni Center briefing — The Army Career and Alumni Program preparation briefing is required for all departing service-members. The current ACAP policy is to register personnel ETSing one year out and retirees two years out. All users of ACAP must know their AKO user name and password. If you do not know your AKO user name or password, call (877) 256-8737. The Army Portal, Army Knowledge Online, is the way that the Army does business and it can automatically send military service member specific communications based on the actions rather than waiting for information to be requested, saving time and

resources. ACAP briefings are held on Mondays through Thursdays from 7:30 to 10 a.m. Everyone must report to ACAP by 7:15 a.m. in building 1118, room 133, across from the Welcome Center. Call 526-1002 or 526-0640 to schedule a briefing.

Are you at end of time in service?

If you're within 120 days of end of time in service, you must immediately call 526-2607 or 526-2599 to make your appointment for your mandatory Reserve Component Briefing.

The Commanding General's

Newcomers' Brief is the third Wednesday of each month, 1 to 3 p.m. at McMahon Theater.

Hours of operation

Education center hours of operation — The Mountain Post Training and Education Center's hours for certain programs and services are as follows:

Counselor Support Center — Monday through Thursday, 7:30 a.m. to 4:30 p.m. and Friday, 11 a.m. to 4:30 p.m.

Army Learning Center and Basic Skill Classes — Monday through Thursday, 9 a.m. to noon and 1 to 4 p.m.

Defense Activity for Non-Traditional Education Support and Advanced Personnel Testing — Monday through Friday, 7:30 a.m. to 4:30 p.m.

eArmyU Testing — Monday through Thursday, 8 a.m. to 4:30 p.m. and Friday, 8 a.m. through 4:30 p.m.

eArmyU Office — Monday through Thursday 7:30 a.m. to 4:30 p.m. and Friday, 11 a.m. to 4:30 p.m.

Military Occupational Specialty Library — Monday through Friday, 7:30 to 11:45 a.m. and 12:45 to 4:30 p.m.

Claims Division hours

The Claims Division office hours are Monday through Thursday from 9 a.m. to 5 p.m., closed Fridays federal and training holidays.

To make a personnel claim, one must attend a mandatory briefing which is given Mondays and Wednesdays at 10 a.m. and 2 p.m. At the briefing, one must submit a DD 1840/1840R. Submit completed claims Tuesdays and Thursdays.

The Claims Division Office is located on the first floor of the Office of the Staff Judge Advocate, building 6285, 7086 Albanese Loop. For more information during office hours, call 526-1355 or for emergency claims questions, call 526-1352.

Dining Schedule

Feb. 17 to 25

Wolf Inn (building 1444)

	Weekdays	Weekends
Breakfast	7 to 9 a.m.	7:30 to 9 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	4:30 to 6:30 p.m.	4:30 to 6 p.m.

Striker Inn (building 2061)

	Weekdays	Weekends
Breakfast	7 to 9 a.m.	7:30 to 9 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	4:30 to 6:30 p.m.	4:30 to 6 p.m.

Patton Inn (building 2161)

	Weekdays	Weekends
Breakfast	7 to 9 a.m.	7:30 to 9 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	Closed	Closed

Exceptions

- Open Saturday and Sunday, Cav Inn and Striker Inn.
- Open Feb. 26 and 27, Cav Inn and Wolf Inn.



Cav Inn (building 2461)

	Weekdays	Weekends
Breakfast	7 to 9 a.m.	7:30 to 9 a.m.
Lunch	11:30 a.m. to 1 p.m.	11:30 a.m. to 1 p.m.
Dinner	5 to 7 p.m.	4:30 to 6 p.m.

La Rochelle Inn (building 7481)

	Weekdays	Weekends
Breakfast	Closed	Closed
Lunch	Closed	Closed
Dinner	Closed	Closed

Long Knife Inn (building 9612)

	Weekdays	Weekends
Breakfast	7 to 8:30 a.m.	Closed
Lunch	11:30 a.m. to 1 p.m.	Closed
Dinner	Closed	Closed



Photo by Sgt. Chris Smith

Gift of life ...

Maj. Chris Wendland, Headquarters and Headquarters Company, 7th Infantry Division, donates blood during a blood drive held at the Special Events Center Feb. 10. Bonfils Blood Center out of Pueblo conducted the blood drive, and one of only five blood centers in America that sends blood to Soldiers in Iraq.

New badge

From Page 3

years that the infantry and Special Forces are not the only two branches of the Army that get into firefights.

The Army has periodically reviewed the criteria for the Combat Infantry Badge, but it wasn't until the conventional wars in Iraq and Afghanistan turned into insurgencies that the non-infantry Soldiers' point of view gained increased momentum.

So, at the request of commanders in Iraq and Afghanistan, last year Schoomaker approved the creation of a task force to look at creating a new combat badge to widen the pool of Soldiers recognized for their actions under fire, Hilferty said.

More details about the new Close Combat Badge, including its design and the procedure for Soldiers to request the award, will be unveiled later this week, Hilferty said.

Army officials said they are hoping that Lt. Gen. Franklin L. "Buster" Hagenbeck, Army's chief of personnel, will personally announce those details.

A March administrative message will follow that formally outlines the exact rules and regulations, officials said.

The new badge should be available this fall through unit supply and also for purchase in military clothing sales stores.

Reconnaissance

From Page 5

Training is also run on a very time-stringent basis, with the Soldiers working off an average of three hours of sleep a day. The time crunch and stress were part of assisting the leaders to practice making decision under tense conditions.

"They threw something at me when I was tired; that's something I'd never dealt with before," said 1st Lt. Brad Rudy, Headquarters and Headquarters Company, 1st Battalion, 8th Infantry. "It made me flustered, which was good training to help prepare for what we'll have to deal with."

Soldiers who attended the training said they found it very informative and helpful pertaining to the operation of reconnaissance units.

"(The training is) good times, a nice little 'get out from behind the desk,'" said 1st Lt. Adam Rivette, Recon Platoon leader, Troop A, 2nd Squadron, 9th Cavalry, 3rd Brigade Combat Team (Unit of Action).

The outcome of the course has been viewed as successful by the leadership from Fort Knox.

"They've been doing extremely well," said Baker. "We have a lot of combat experienced Soldiers in this class which has helped."

He said the experienced Soldiers help the rest of the Soldiers by



Photo by Sgt. Chris Smith

Soldiers enrolled in the Scout Leader's Course go over a mission prior to execution. The Soldiers were preparing for a reconnaissance mission at Camp Red Devil.

informing them of how this will work on a deployment and how beneficial it actually is.

The Soldiers completed the course on Wednesday at Range 60. The instruction from the course is some-

thing Baker said he hopes they will pass down to their Soldiers in preparation for their upcoming deployment.

No backlog for combat-related benefits

by Eric W Cramer
Army News Service

WASHINGTON — When military retirees apply for Combat Related Service Compensation, their applications will now be processed within 30 days of receipt, since CRSC has cleared a backlog of nearly 14,000 applications.

Col. John Sackett, chief of the CRSC division of Army Human Resources Command's Physical Disabilities Agency, said his office was flooded with applications when the benefit began in June 2003.

"We had 11,000 applications in the first months," he said. "We had 16,000 between June and August of 2003. That was a problem because we didn't exist before June 1, so we were literally pushing machinery in the door then."

Sackett said the backlog started to reduce beginning in August 2004, when CRSC division added more staff.

"We've been trying to tackle the backlog all along," Sackett said. "But we cleared it by adding

staff. We went from a staff of 10, to 22, 35 and ultimately 70."

He said most of the staff came from Booz Allen Hamilton, a strategy and technology firm hired to assist the CRSC program.

"Now we're making a concerted outreach and trying to notify everyone that might be eligible for the benefit," Sackett said.

He explained that the CRSC benefit is for military retirees, active or Reserve, who have 20 years or more of service and a Veteran's Administration disability rating of 10 percent or more. Applicants must be entitled to retired pay offset by VA disability payments or in other words, they must have a VA waiver.

Sackett said that to receive the benefit, the disability must be combat related, but the injuries don't necessarily need to have actually happened in combat.

"The key word is related. We're more interested in 'how' you were injured," he said. "If you were training to go to combat, that's related to combat. I've

had applicants bring in stack after stack of paper showing me what their disability is, but what I need is how they became disabled."

Officially CRSC says that "combat related" disabilities are:

- As a result of armed conflict.
- While engaged in hazardous service such as flight, diving or parachute duty;
- In the performance of duty under conditions simulating war; or
- Through instrumentality of war, such as combat vehicles, weapons or Agent Orange.

Sackett said the lifetime monthly benefit is available retroactively back to the program's inception in June 2003.

"We've issued checks of \$45,000 and \$50,000 to some retirees, because the benefit is retroactive," he said.

For more information about the CRSC benefit, or to determine eligibility, retirees should visit the CRSC Web site at www.crsc.army.mil.

Housing

From Page 1

housing application. The office is located in the Colorado Inn, room 104.

Due to availability, many people will be able to move into housing within in days of contacting the referral office. Typically, junior enlisted Soldiers are given the choice of several units.

"We give about three choices, and it's not all in one condensed area. We try to be as fair and open as possible," Rivera said.

For residents who move in between now and March 31, GMH is offering a move-in incentive of up to \$200 off their first month's pro-rated rent. Residents who move in at the at or near

the beginning of the month and who have a pro-rated rent that is equal to or greater than \$200 will get the full discount. Those with a first month's rent of less than \$200 will get a discount equal to that amount.

Those who already reside in housing can also get some extra money by referring people to housing. GMH is offering a residency referral bonus of \$100 to residents who refer a friend to them.

Besides the mountain views and the convenience of living close to work, post housing amenities include the use of a newly constructed community activity center, a good maintenance staff and no utility bills.

"We're opening the Kit Carson Activity Center Feb. 28, which is located at 4800 McNeerney," at the

intersection of McNeerney Street and Harr Avenue by Gate 2, Rivera said.

Residents can use the center for birthday parties, Bible studies, and other events free of charge. The center has a maximum capacity of 60 people and includes a great hall, which can be divided into two rooms, and a catering kitchen that has a sink, refrigerator, two microwaves and several counter-tops. To reserve the center, call Christie Fultz at 570-1042.

GMH will also use the center to offer seminars to the community. On March 24, they will host a seminar for residents that covers the proper way to clear housing and ways to avoid paying damage costs. Other topics are planned for the future.

In addition to building the community center, GMH has also changed the

way maintenance calls are handled.

"We've added a new program where there are two general maintenance workers per village, so the same workers are dealing with the same residents. This has enabled us to answer calls more rapidly and efficiently, and it gives the residents a chance to get to know their workers and develop a relationship with them," Rivera said.

Currently, the housing maintenance team responds to routine calls within 11 hours of the time a work order is called in.

Rivera added that improvements to the community as a whole are ongoing.

"This spring, we'll make improvements to various playgrounds in housing," she said.

For more information about housing, call 579-1606 ext. 11.

Community

Soldiers gather for prayer breakfast



Photos by Sgt. Shauna McRoberts

Spc. Mat Onuschak, a medic with Medical Troop, Support Squadron, 3rd Armored Cavalry Regiment bows his head during the invocation at Fort Carson's annual prayer breakfast. The breakfast was held at the Sheraton Conference Center Thursday.

by Sgt. Shauna McRoberts
Mountaineer staff

More than 600 Soldiers gathered together at the Sheraton Conference Center in Colorado Springs Feb. 10 for Fort Carson's annual prayer breakfast.

Brig. Gen. Joseph Orr, deputy commanding general, 7th Infantry Division and Fort Carson; Command Sgt. Maj. Terrance McWilliams, 7th ID and Fort Carson command sergeant major; Col. Michael Resty Jr., commander, U.S. Army Garrison; as well as Colorado Springs mayor Lionel Rivera also attended.

"We were really happy to see such a large turnout," said Chap. (Col.) Lowell Moore, Fort Carson's command/installation chaplain. "I think a prayer breakfast is a benefit to Soldiers because it is about camaraderie and fellowship."

The prayer breakfast featured guest speaker Chuck Dean, a Vietnam War veteran who has dedicated his life to helping other combat veterans. Dean spent six years in the Army as a paratrooper with the 82nd Airborne Division and 173rd Airborne Brigade and served in Vietnam from April 1966 to May 1967. During the prayer breakfast, he related some of his experiences.

"We were one of the first units there," said Dean. "It really changed me. I learned what it was like to be friends with total strangers in combat."

Dean said many of his experiences in Vietnam were similar to ones that Fort Carson Soldiers have gone through in Iraq.

"The first time you're in combat, there are nervous cheers because you

think that might be it," said Dean. "The second time you're in combat, it's a huge letdown for Soldiers because they realize they're not going home yet."

Dean, who has written several books on recovery issues for combat veterans, also spoke of the importance of adjusting once a Soldier has returned from a deployment. He encouraged Soldiers to speak out or write down their feelings.

"If you just don't think about it or don't talk about it and you think that will make it go away, it won't," he said. "It's really tough to relate to people once you go through something as life-altering as war, but there are people that can help you."

Soldiers who attended said they were glad to have a guest speaker that had served in combat as well.

"It was good to hear from a veteran who has gone through some of the same things that many of the Soldiers here have," said Spc. Mat Onuschak, a medic with Medical Troop, Support Squadron, 3rd Armored Cavalry Regiment.

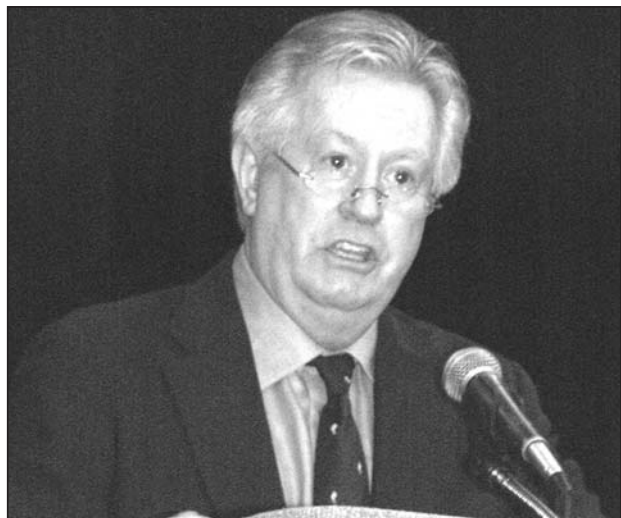
After the prayer breakfast, Dean, who recently served as a spiritual counselor for Soldiers from the 173rd after their return from Iraq, offered his assistance to any Soldier who wanted to talk.

"It's always good to be back talking to Soldiers," he said. "I may have stepped out of the uniform, but I'll be a Soldier till I die and helping them is what I do."

The prayer breakfast raised about \$2,500 that will go back into a community fund to assist other religious functions on Fort Carson.



Brig. Gen. Joseph Orr, deputy commanding general, 7th Infantry Division and Fort Carson, gives guest speaker Chuck Dean a book about Colorado to thank him for speaking at the prayer breakfast.



Dean, a combat veteran who served in Vietnam from April 1966 to May 1967, encouraged Soldiers to seek help after returning from tours in Iraq. "It's important to talk about any issues you have," he said.

Pets and deployment

Make plans for your critters well in advance

by Pfc. Clint Stein
Mountaineer staff

For members of the military, sacrifices often have to be made and some of those sacrifices include leaving your family and friends behind during deployments.

For some Soldiers, leaving a loved one behind could mean they have to part with a four-legged friend.

Unlike family or friends who can take care of themselves while a Soldier is deployed, pets need someone to take care of them.

The Fort Carson Veterinary Treatment Facility offers tips for Soldiers on what to do with their pets while deployed.

"It's a good idea to leave (pets) with a friend or family member while the Soldier is gone," said Capt. Kevin Hinton, officer in charge of the Fort Carson veterinary center.

Leaving a pet with a friend may be one of the easiest and most practical ways as long as the Soldier trusts the person who is going to care for the animal.

"If the pet owner does leave the animal with someone, (he or she) should write a statement authorizing that person the right to have the animal medically treated if there is an emergency," said Hinton.

If a Soldier does rely on family or friends, he may have to arrange for the pet to be picked up or taken to the new home, which could make for a lengthy trip for the pet as well as the person who is traveling with it, if not prepared.

According to the "relocation of a pet section," at www.military.com, the first step in transporting pets should be making arrangements well in advance. If a Soldier is driving a long distance to his pet's new home, he should make sure to carry health and rabies certificates with him. The temporary owner will need these documents in case the animal has to be taken to a veterinary clinic.

"We can make medical copies for the person, no problem," said Hinton.

Before the animal begins its long journey, it is also suggested the pet be taken on short trips to get it



Photo by Pfc. Clint Stein

Putting identification tags on pets is one way pet owners can better prepare their four-legged friends for a temporary home while the Soldier is deployed.

accustomed to the motion of the vehicle. If the pet does not adjust to the motion of the vehicle, the veterinarian can prescribe a motion sickness medication. The pet should not eat or drink water just before leaving. The pet should be fed once a day during the evening and taken on walks regularly.

Another tip the military Web site offers is to put an identification tag on the pet's collar. Although all military installations require a pet living on the installation to have a microchip, the ID tag is the fastest way to find out information about the animal if someone other than animal control finds a lost pet.

After the pet arrives, Hinton said, "It is also good to try and get the animal acclimated to the new caretaker and environment to help the pet adjust."

Familiar things the pet had at the original home

ought to be brought to the new home, such as toys and feeding bowls.

"It really can help the animal adjust if the owner leaves a T-shirt or blanket he used to wear or use, too," Hinton said.

Furthermore, he said the new location should have adequate space for the pet. "If someone has a 100-pound dog, they don't want to leave it with someone living in a small one-bedroom apartment."

If the pet owner does not have a friend or alternative person he can leave the pet with, there are some national fostering programs designed for military personnel who get deployed.

The Pikes Peak Humane Society offers a program for up to 10 days in emergency leave situa-

Community Briefs

Miscellaneous

Shipping office moved — The Joint Personal Property Shipping Office, located in building 1220, has temporarily relocated to building 1118, room 114, because of construction. For more information, call Lorraine Mason at 526-1131 or Staff Sgt. Raymond Byman at 526-3757.

CFC — The Combined Federal Campaign of the Pikes Peak region is offering a campaign orientation and agency application workshops for the 2005 CFC campaign. All human health and welfare federations and unaffiliated charitable agencies are encouraged to attend to learn about this funding source and instruction for submission of a complete and accurate application for inclusion in the campaign. All applications must meet the new requirements for charitable agencies so a representative from interested agencies is encouraged to attend.

The orientation and workshops are scheduled for March 1 at 1:30 p.m. at the Pikes Peak Hospice Foundation at 825 E. Pikes Peak Avenue, suite 600 in Colorado Springs. The session will last about two hours. Applications are provided for attendees or can be downloaded prior to the workshop at www.peakcfc.com. The deadline to submit an application is April 15 by 6 p.m. Applications can be mailed to Combined Federal Campaign of the Pikes Peak region, 6660 Delmonico, 503D, Colorado Springs, CO 80919.

Black History Month events — There is a rap contest Saturday at the Freedom Performing Arts Center. There is a \$10 entry fee and competition will end in battle. Entry forms are available at the Freedom Performing Arts Center. For more information, call 526-1867.

John Sebastian, a children's storyteller, is at the Grant Library Thursday, from 6:30 to 7:30 p.m.

The Black History Observance is Thursday at the Elkhorn Conference Center from 11 a.m. to 2 p.m.

Easter bunny suits — Easter bunny costumes are now available for rent. The cost is \$20 per set. The first set includes a two-piece furry white full body suit (from neck to ankle) with bunny head. These can be used for unit functions, Family Readiness Group parties, Easter Egg hunts, birthday parties, etc. Call Leslie Glad at 392-4072 for more information.

The Waa-Nibe Carson House is available for family readiness group meetings, unit functions, promotion parties, scrapbooking parties or personal use. It has a conference room, small kitchen, snack room, classrooms and playroom for children. It's located beside the thrift shop in building 1007. For more information or to schedule a tour of the building, call Leslie Glad at 392-4072.

Space Foundation seeks volunteers for the National Space Symposium — The Space Foundation is seeking volunteers to fill a variety of roles supporting the 21st National Space Symposium, to be held April 4 to 7 at The Broadmoor in Colorado Springs.

More than 300 military related personnel support the National Space Symposium annually in a volunteer capacity. Symposium volunteers gain space industry knowledge, as well as access to the symposium conference sessions and the 34,000-square-foot exhibit center. Volunteers can assist in registration, security, transportation, and support for speakers, exhibitors and media.

Military members and Department of Defense civilians and their families are encouraged to apply. Volunteers must be at least 18 years old.

An online volunteer application and more information can be found at www.spacesymposium.org/national05. Interested

organizations or individuals may also call Jennifer Picard at the Space Foundation at 576-8000 or toll free in the United States and Canada at (800) 691-4000.

Energy assistance — The Home Front Cares and Energy Outreach Colorado are sponsoring a new energy assistance grant available to all military personnel (active duty, reservists and National Guard) who are assigned and live within the Pikes Peak Region and who need financial assistance.

Assistance is available to all military personnel and family members in all ranks residing off-post or off-base in the Pikes Peak Region. Assistance consists of a one-time payment of an energy bill such as gas, electricity, oil, coal, propane, (or firewood or pellets if only source of heat.)

Need for assistance for payment must first be identified and verified by the Army Community Service or Air Force Family Support Centers.

Tax center — The Fort Carson Tax Center is open to assist customers in preparing 2004 taxes.

The 2005 Fort Carson Tax Center will again provide free federal and state tax preparation and electronic filing services to active duty military and their family members, mobilized reservists and retirees. In addition to providing these services on a walk-in basis, a limited appointment schedule will be offered.

The tax center is open from 8 a.m. to 6 p.m. Monday through Thursday and 8 a.m. to 5 p.m. on Fridays. The tax center will also be open the following Saturdays from 10 a.m. to 3 p.m.: March 19 and April 2. The tax center will be closed on federal and training holidays. The tax center is in building 6284, 7086 Albanese Loop, located off Woodfill Road, across from the Colorado Inn.

Bring all necessary tax records and documents (e.g. W-2 forms, children's Social Security cards, Forms 1099, Individual Retirement Account disbursements or contributions, rental property records, etc.) when you come for assistance. W-2s will be available through myPay at any time. Incomplete records will create additional time and effort in preparing your return as well as delay receipt of a refund.

Also, if you will be filing a tax return for a deployed spouse, you must have a copy of the special power-of-attorney form for filing taxes. These are available at the Office of the Staff Judge Advocate, Legal Assistance Division, located in building 6285, next to the tax center, Monday through Thursday from 9 a.m. to 5 p.m. For more information, contact the tax center at 526-5572 or 526-1830.

Fraternal organization — The Fraternal Order of Eagles will host an organizational meeting Feb. 28 at 7 p.m. at the American Legion in Fountain. There will be representatives to answer questions.

The Eagles' mission is to provide activities for the members, recreational programs for members' families, civic services to the community and charitable fund raising for the local area.

Education hours changed — The following services have been changed from their regular operating hours (7:30 a.m. to 4:30 p.m. Monday to Friday). The remainder of the education center will be open for services as always.

The Military Occupational Specialty Library will be open from 10 a.m. to 2 p.m. Monday to Friday. The MOS library will be open from 10 a.m. to 2 p.m., Monday to Friday, except all holidays.

Veterinary Treatment Facility — As of Jan. 1, the Fort Carson Veterinary Treatment Facility has expanded to better serve its clients. It is open for sales Monday through Friday, 8 a.m. to 3:30 p.m. Appointments will be available Monday through Friday from 8 a.m. to noon and 1 to 3:30 p.m. It will be closed on federal holidays.

SKIES Unlimited — Fort Carson Child and Youth Service's instructional program has added a variety of new classes this fall. Registration is being taken for piano and keyboard, Spanish, arts



Army Community Service
Family Readiness Center, Bldg 1526
TEL: (719) 526-4590

Home Buying Workshop

**Friday,
March 4**
5:00P.M. to 9:00P.M.
The Family Connection, Bldg 1354

Free childcare. Advance registration required, call (719) 526-1070.

and crafts, sign language, Tae Kwon Do, ballet, swimming and gymnastics lessons.

Additional classes beginning this fall will include defensive driving, hand bells, public speaking for teens, roller skating for ages 3 to 18 and tutors. Call 524-2896 for more information.

Claims against the estate

With deepest regrets to the family of Pfc.

George Raymond Geer, deceased. Anyone having claims against or indebtedness to his estate should call 1st Lt. Brian Davis at 526-1576.

With deepest regrets to the family of Pvt. Jesus Fonseca, deceased. Anyone having claims against or indebtedness to his estate should call Capt. Paul Creal at 526-1361 or 526-1323.

With deepest regrets to the family of Staff Sgt. Thomas Erik Vitagliano, deceased. Anyone having claims against or indebtedness to his estate should call 1st Lt. Vincent Avery at 526-8899.

With deepest regrets to the family of Spc. Bennie James Washington, deceased. Anyone having claims against or indebtedness to his estate should call 2nd Lt. Josh Klemcke at 526-1361.

With deepest regrets to the family of Spc. Michael James Smith, deceased. Anyone having claims against or indebtedness to his estate should call 2nd Lt. Josh Klemcke at 526-1361.

With deepest regrets to the family of Pfc. Daniel Guastferro, deceased. Anyone having claims against or indebtedness to his estate should call 1st Lt. John Brown at 526-1577.

With deepest regrets to the family of Staff Sgt. Brian D. Moore, deceased. Anyone having claims against or indebtedness to his estate should call 2nd Lt. Christopher A. Kidd at 526-0310.

With deepest regrets to the family of Staff Sgt. Dean Robert Vanhout, deceased. Anyone having claims against or indebtedness to his estate should call Capt. Mike Ewert at 526-6014 or 526-4015.

George Washington defined values

Commentary by

Chap. (Maj.) David C. Causey
3rd Armored Cavalry Regiment

He is often referred to as the "Father of our Country." But was George Washington really so important?

If so, what made him so indispensable? Was it because he was the greatest military genius of his day? No. In fact, when Congress offered Washington command of the Continental Army, he confessed, "I do not think myself equal to the command with which I am honored." And Washington had many ambitious rivals in the Continental Army who agreed with his poor self-assessment.

Gen. Horatio Gates was one such rival. Gates had previously been an officer in the British Army and had won a great victory for America at Saratoga. Irish-born Gen. Thomas Conway bragged continuously that he had served as an officer under Frederick the Great. He convinced himself and many others that he was far superior to Washington. Gen. Charles Lee, like Gates, had served as an officer in the British regular Army and had also attained the rank of major general in the Polish Army. All of these men along with Gen. Thomas Mifflin, the quartermaster general, criticized and schemed against Washington. All of them considered themselves better equipped for his job.

What was Washington's response? Again and again — to keep the enemy from detecting disunity in the American ranks — he accepted their criticism gracefully. He did not retaliate, but sought their advice and even sent them forces (weakening his own in the process) to help them win victories. Even members of Congress

joined in the plethora of critics against Washington.

But through it all Washington remained silent and steadily plodded onward, trying to fight a war that seemed more and more like a hopeless cause. To get a feel for the mental anguish Washington suffered at this time, consider his words to cousin Lund Washington — written after a long string of losses and without a single victory to his credit:

"If I were to wish the bitterest curse to an enemy on this side of the grave I should put him in my stead with my feelings — and yet I do not know what plan of conduct to pursue.

"I see the impossibility of serving with reputation, or doing any essential service to the cause by continuing in command, and yet I am told that if I quit the command, inevitable ruin will follow ...

"In confidence, I tell you that I never was in such an unhappy, divided state since I was born" (Quoted from, Thomas Flexner, Washington: The Indispensable Man, pp. 84-85).

Yet despite the criticism, Washington persevered and sacrificed his own pride to preserve unity and to win the war.

And at last, Washington was vindicated. The selfish ambition of his rivals became evident. The arrogant Conway was dismissed from the Army. Gen. Charles Lee floundered at the Battle of Monmouth and was likewise dismissed. Gates was crushed by the British at Camden, S.C. Mifflin made a turnabout and swore allegiance to Washington. Congress, as well as the whole nation, realized that not only was Washington the best man for the job, he was the only man for the job. No one else had such concern for the country, commitment

to the cause, nor the trust of the American people to pull the colonies together, lead them to victory and forge from them a nation. Perhaps, in the end, the very Army values of loyalty, duty, respect, selfless service, honor, integrity and personal courage separated the true leaders from the self-proclaimed leaders.

Chapel briefs

Shroud of Turin presentation — John and Rebecca Jackson of the Turin Shroud Center of Colorado, located in Colorado Springs, will share their research on the shroud at Soldiers' Memorial Chapel, March 19 from 10:30 a.m. to noon. The shroud of Turin, now protected in the cathedral in Turin, Italy, is believed by many to be the burial cloth of Jesus. The shroud is a 14-foot cloth bearing stains consistent with the wound of Jesus described in the Gospels. For 30 years, the Jacksons have studied crucifixion history and the shroud, and have examined the Shroud itself. Their study of the shroud is based on scientific methods. John is an Air Force retiree and Rebecca is an Army veteran, so they are especially interested in sharing their research with our military personnel. The Jacksons also view their visit to Fort Carson as a way they can support Soldiers. The presentation will be followed by a reception in the west wing of Soldiers' Memorial Chapel. Attendance is open to the entire Fort Carson community. Anyone interested in history, archaeology, scientific research, physics or Biblical studies is sure to find this presentation fascinating. The presentation is free to attendees. This is a project of the Catholic Women of Fort Carson. For more information, call Kate VanderBoom at 576-6396.

Chapel

World Day of Prayer — The prayer service for the World Day of Prayer will be March 4 at 9:30 a.m. at Soldiers' Memorial Chapel. The Protestant Women of the Chapel and the Catholic Women of Fort Carson will host the prayer service which will honor the women of Poland in prayer and song. The event supports womens' ecumenical ministries for peace and justice. A reception, featuring Polish food, will follow the prayer service. The Colorado Springs Polish community will be represented at the prayer service and reception. All the men and women of the Fort Carson community are invited to attend. Child care is available for the prayer service and reception. Reservations for child care can be made by calling Melanie by March 1 at 392-2983. Leave a voice message. State the ages of your children. For more information about the program, call Kathy Wallace at 392-4788.

The World Day of Prayer theme for 2005 is "Let Our Light Shine," which encourages men and women to respond to Jesus' challenge in the Sermon on the Mount. Jesus challenged his people to share the talents they have received, as well as, the special gifts and light they received in baptism.

Church Women United is the National Committee for the World Day of Prayer in the United States. Founded in 1941, Church Women United is an ecumenical movement representing 25 million Christian women of all denominations. More than 1,200 local and state organizations work in this movement of all denominations.

Chapel Schedule

ROMAN CATHOLIC

Day	Time	Service	Chapel	Location
Mon., Wed., Fri.	noon	Mass	Healer	Evans Army Hospital
Tues., Thurs.	noon	Mass	Soldiers'	Nelson & Martinez
Saturday	5 p.m.	Mass	Soldiers'	Nelson & Martinez
Sunday	8 a.m.	Mass	Prussman	Barkeley & Prussman
Sunday	9:15 a.m.	Mass	Soldiers'	Nelson & Martinez
Sunday	10:30 a.m.	CRE	Soldiers'	Nelson & Martinez
Sunday	11 a.m.	Mass	Healer	Evans Army Hospital
Sunday	12:15 p.m.	Mass	Provider	Barkeley & Ellis
Tuesday	7 p.m.	RCIA	Soldiers'	Nelson & Martinez
Saturday	4 p.m.	Reconciliation	Soldiers'	Nelson & Martinez

PROTESTANT

Day	Time	Service	Chapel	Location
Sunday	9 a.m.	Protestant	Healer	Evans Army Hospital
Sunday	9 a.m.	Protestant	Provider	Barkeley & Ellis
Sunday	11 a.m.	Protestant	Soldiers'	Nelson & Martinez
Sunday	11 a.m.	Prot./Gospel	Prussman	Barkeley & Prussman
Sunday	9:30 a.m.	Sun. School	Prussman	Barkeley & Prussman
Sunday	9:30 a.m.	Sun. School	Soldiers'	Nelson & Martinez
Tuesday	9 a.m.	PWOC	Soldiers'	Nelson & Martinez
Sunday	11 a.m.	Contemporary	Veterans'	Magrath & Titus
Tuesday	7 p.m.	PYOC	Soldiers'	Nelson & Martinez

LITURGICAL

Day	Time	Service	Chapel	Location
Sunday	10:45 a.m.	Lutheran/Anglican	Provider	Barkeley & Ellis

JEWISH

For information and a schedule of Jewish Sabbath services, call the U.S. Air Force Academy Cadet Chapel at 333-2636.

WICCA

Day	Time	Service	Chapel	Location
Monday	6:30 p.m.	Family University	Building 1161	Melissa Dalugduy/330-7873

NATIVE AMERICAN SWEATLODGE

Native American Sweatlodge ceremonies (He Ska Akicita Inipi) are offered to military dependents and Department of Defense personnel for traditional prayer and purification. Fasting before the ceremony is recommended and refreshments are offered following the ceremony. Please call the following for information and directions: Michael Dunning 382-5331 or 330-9537, or Zoe Goodblanket 442-0929.

Daily Bible readings: In order to assist in regular scripture reading, the following scriptures are recommended. These scriptures are part of the common daily lectionary which is designed to present the entire Bible over a three-year cycle.

Friday — Psalms 75 & Leviticus 10-12

Saturday — Psalms 76 & Leviticus 13-15

Sunday — Psalms 77 & Leviticus 16-18

Monday — Psalms 78 & Leviticus 19-21

Tuesday — Psalms 79 & Leviticus 22-24

Wednesday — Psalms 80 & Leviticus 25-27

Thursday — Psalms 81 & Numbers 1-3

The Army Cycle of Prayer — Each week, the Office of the Army Chief of Chaplains will highlight Army units, the Army at large, the nation and religious organizations to focus prayer. You are invited to join with the chaplain community and pray for these individuals and organizations.

The Army Cycle of Prayer. Please pray this week for the following:

Unit: For the Soldiers, families and leaders of the Combined Joint Task Force 76, currently serving in Afghanistan and their contributions to the recent elections.

Army: For the dedicated officers, noncommissioned officers and Soldiers who serve the Army on isolated tours around the world. Pray for their families

at home.

State: For all Soldiers and their families, from the state of Washington. Pray also for Gov. Gary Locke and the state legislators and municipal officials of the "Evergreen State."

Nation: For the 100 elected members of the U.S. Senate, and their task of crafting both the public and foreign policies that lead the United States.

Religious: For the clergy and congregations of the Church of God of Prophecy, and for the chaplains endorsed for military ministry by that community of faith.

For more information on the Army Cycle of Prayer, or to pray for items from previous weeks, visit the cycle's Web site at www.usarmychaplain.com.

Managing pre-deployment stress

Positive attitudes, team spirit can help you through

by **Spc. Stephen Kretsinger**
Mountaineer staff

Stress is any wear and tear on the body, mental or physical, that affects everyday life. Pre-deployment stress is something most Americans don't have to deal with, but there is a Soldier somewhere dealing with it everyday.

"Pre-deployment stress is very common," said Steven Mitchem, health technician, Mountain Post Wellness Center. "It's something every Soldier experiences. Some experience it more than others, but everybody has some sort of pre-deployment stress."

Different factors can contribute to pre-deployment stress, said Mitchem. There are individual factors and separation factors.

Individual factors include personal health or coping abilities, previous deployment experience, confidence in self or unit and a sense of security in family relationships.

Tips for managing pre-deployment stress

- Allow yourself to feel and express emotion.
- Encourage family members to share their feelings.
- Involve the whole family in preparing for the separation.
- Complete pre-deployment checklist with your spouse.
- Participate in pre-deployment briefings and activities.
- Create opportunities for warm lasting moments and take pictures.
- Set realistic goals for yourself for the deployment period.
- Be patient with yourself and family members.
- Complete packing early and keep last day free for family time.

"I stress to each Soldier to go out there with a positive attitude and trust in their training, their unit and their superiors," said Mitchem. "You have to go into it as a team, not as an individual. If you head to Iraq thinking individually, it will tear you up. You have to think of it as a team and it will help, because you have friends that will help you through it."

Separation factors include preparation time available, previous family separation experience, important family events during deployment and confidence in support available to families.

All packing for deployment should be done early to keep the last day free for family time.

"Buy cards for special occasions that you know are going to happen during deployment before you go," said Mitchem. "Have them ready to drop in the mail so you have one less thing to worry about while deployed."

Soldiers may start to feel an anticipation of loss up to six weeks before departing for a deployment. This may cause fluctuations in mood or energy levels. The Soldier may experience feelings of sadness, anger, excitement, restlessness, anxiety, tension, frustration, resentment or depression.

"Each person approaches it differently. Some people who have come to talk to me have been very depressed. They are afraid. They see Soldiers dying everyday and they are stressed that they may be the next one."

Soldiers should allow themselves to feel and express all emotional responses, said Mitchem. They should encourage their family members to do the same.

Involving family members in the pre-deployment checklist can help Soldiers and their loved ones to cope with anticipation of loss. When spending time with family members before leave

"Mental stress can motivate you. Not all stress is inherently negative. Everyone has an optimal stress level. It's important to know when you've reached that."

Steven Mitchem, health technician, Mountain Post Wellness Center



After 114 years ...

Army rights wrong to chaplain

by Eric Cramer

Army News Service

WASHINGTON — More than 100 years after the court-martial of Chap. (Capt.) Henry Vinton Plummer, the Army redressed a wrong and issued an honorable discharge to one of the first black Americans to be commissioned a chaplain in the Army.

Maj. Gen. David H. Hicks, U.S. Army chief of chaplains, said it was time the Army corrected its error.

"I am personally gratified that the Army Board for the Correction of Military Records, after 114 years, has restored Chap. (Capt.) Henry Plummer to his rightful and deserved place in the history of the United States Army Chaplaincy," Hicks said. "This action makes me proud of the Army in its willingness to right a former injustice by granting his honorable discharge in recognition of his many years of selfless service, both before and after 1894."

Hicks said Plummer was a historical figure in the Army, "I am especially proud of Chap. Plummer's ser-

vice to our Soldiers on America's frontier as a black chaplain whose heritage I share. I extend my congratulations and gratitude to Chap. Plummer's descendants who brought this case to the Army's attention."

Plummer's military career actually began 30 years before the events that led to his dismissal from service. Born a slave in Prince George's County, Md., in 1844, he joined the U.S. Navy in 1864, during the Civil War, serving as a sailor aboard the USS *Coeur de Lion*.

Upon leaving the Navy at the end of the war, Plummer taught himself to read and write, and attended the Wayland Seminary, where he became a Baptist minister. He served as pastor of several churches in the District of Columbia before accepting a commission as an Army chaplain in 1884.

He served with the 9th Cavalry Regiment, the famous Buffalo Soldiers, as a chaplain for 10 years before he was dismissed from service.

"Plummer was an American pio-

neer," said U.S. Army spokesman Dov Schwartz. "His actions were selfless."

Plummer was responsible for the pastoral care of the regiment's troopers and for the education of the troopers and their families, as many had not had prior schooling.

Plummer was dismissed from service in 1894 after facing a court-martial on the grounds of conduct unbecoming an officer. A dismissal for an officer is the equivalent of a dishonorable discharge for an enlistment Soldier.

The facts of his case are largely undisputed, said Schwartz. In 1894, Plummer, who was serving as the chaplain for the 9th Cavalry Regiment, joined the regiment's sergeant major and two other non-commissioned officers to celebrate a sergeant's promotion. There was general agreement that Plummer and the NCOs toasted the promotion with alcohol and that Plummer had an altercation with an NCO.

In the resulting court-martial, all

See Chaplain, Page 20



Photo courtesy Army News Service

Chap. (Capt.) Henry Vinton Plummer, who was among the first black chaplains in the U.S. Army, received an honorable discharge this week. He was dismissed from service in 1894.

Transformation: 3rd BCT changes command at all battalions



Photo by Sgt. Jon Wiley

The 4th Infantry Division Band marches across the parade field at the 64th Brigade Support Battalion change-of-command ceremony Monday.



Photo by Sgt. Jon Wiley

Lt. Col. Scott Mills, incoming commander of the 64th Brigade Support Battalion, speaks at the 64th BSB change-of-command ceremony Monday.



Photo by Spc. Stephen Kretzinger

From left, Lt. Col. Louis J. Lartigue, the new commander of the 2nd Squadron, 9th Cavalry Regiment, 3rd Brigade Combat Team, Lt. Col. William J. Schafer, the outgoing commander of the 2nd Sqdn., 9th Cav.; and Col. Brian Jones, commander, 3rd BCT; inspect the Soldiers of the 2nd Sqdn., 9th Cav. during a change-of-command ceremony Tuesday at Manhart Field.



Photo by Pfc. Clint Stein

Phoen Wells, wife of Lt. Col. Leonard Wells, incoming 3rd Special Troops Battalion commander, is presented flowers by Sgt. John Anglin, the battalion's noncommissioned officer of the quarter, during the ceremony.

by Sgt. Jon Wiley
Mountaineer staff

The 3rd Brigade Combat Team, 4th Infantry Division, began a new chapter in its long and distinguished history with five change-of-command ceremonies on Manhart Field Monday and Tuesday.

As part of the brigade's ongoing transformation into a modular force, five of its battalions changed commands. The synchronized changes reflect the new life-cycle management approach the Army is taking to manning units of action. With life-cycle management, a unit keeps the same group of Soldiers for a set period of time, about 36 months.

The battalions involved were the 1st Battalion, 8th Infantry Regiment, the 64th Brigade Support Battalion, the 3rd Special Troops Battalion, the 2nd Squadron, 9th Cavalry Regiment and the 1st Battalion, 68th Armor Regiment.

Lt. Col. Jeffery R. Martindale assumed command of the 1st Bn., 8th Inf. Reg. from Lt. Col. Nate Sassaman at a 9 a.m. ceremony Monday.

"Lt. Col. Sassaman was an outstanding battalion commander," said Col. Brian Jones, commander 3rd BCT, 4th ID. "And I know Lt. Col. Martindale will build upon the legacy Lt. Col. Sassaman created."

At a noon ceremony

Monday, Lt. Col. Scott Mills assumed command of the 64th BSB from Lt. Col. Joseph Lofgren.

"This is both a sad and happy day in the life of the 64th BSB," said Jones.

He added that while Lofgren served the 64th BSB superbly, Mills will also bring a high caliber of leadership and expertise to the battalion.

"Scott Mills and his wife are certainly no strangers to the Mountain Post or the 4th Infantry Division. In fact, Scott served in the 3rd BCT as the executive officer in the 64th Forward Support Battalion just a short 18 months ago. Recognizing and rewarding his superb performance, the Army promoted him and brought him to command as soon as possible," he said.

Rounding out Monday's ceremonies was the 3rd Special Troops Battalion's change of command.

Lt. Col. Leonard E. Wells assumed command from Lt. Col. Laura C. Loftus.

"Lt. Col. Loftus demonstrated extraordinary leadership skills as commander," said Jones. "Now the battalion is getting an equally qualified Wells."

The 2nd Squadron, 9th Cavalry Regiment held its change of command Tuesday at 9 a.m.

Lt. Col. William J. Schafer

relinquished command to Lt. Col. Louis J. Lartigue.

"Like his brother and sister commanders who are passing colors this week, Bill assumed command of the 1st Battalion, 12th Infantry in Iraq during Operation Iraqi Freedom," said Jones. "Unlike his fellow commanders, Bill was detached from the 4th Division and sent north to work with the 173rd Airborne Brigade. Those of you who have been around this business for a while know you always send your best unit to work outside of your formation and sending Bill and the 'Warriors,' the 4th Division commander was making a statement endorsing Bill's leadership in a most public way."

The culminating ceremony was Tuesday afternoon for the 1st Battalion, 68th Armor.

Lt. Col. Thomas Fisher took command from Lt. Col. Aubrey Garner.

"Welcome once again to what I hope to be the last change of command for the 3rd BCT for quite some time," said Jones. "The new command team, Lt. Col. Tom Fisher and wife Amy, bring a great reputation and a proven commitment to duty to the Silver Lions. I am confident they will build upon the legacy left by Aubrey and Holly Garner, and prepare the Silver Lions for the uncertainties and challenges that await us all in the future."



Photo by Sgt. Shauna McRoberts

Col. Brian Jones, commander, 3rd Brigade Combat Team, passes the battalion colors to 1st Battalion, 8th Infantry Regiment commander Lt. Col. Jeffery Martindale in a change-of-command ceremony Monday. Martindale took command from outgoing commander Lt. Col. Nate Sassaman.



Photo by Sgt. Chris Smith

Lt. Col. Thomas Fisher speaks after taking command of 1st Battalion, 68th Armor from Lt. Col. Aubrey Garner in a change-of-command ceremony at Manhart Field Tuesday.



Photo by Spc. Stephen Kretzinger

Sgt. Chris Williams, trumpet player, "Ironhorse" Division Band, sounds "present arms" during the 2nd Squadron, 9th Cavalry Regiment, 3rd Brigade Combat Team change-of-command ceremony Tuesday at Manhart Field.

Stress

From Page 16

ing, Soldiers should make sure to take pictures and create opportunities for warm, lasting memories.

The last week before departure, Soldiers may feel detachment and withdrawal from loved ones, said Mitchem. There may be reduced emotional and sexual intimacy and feelings of despair, hopelessness, impatience and numbness.

Soldiers should accept their feelings as normal reactions to challenging circumstances, said Mitchem. Communication with family members should remain as open and honest as possible.

Soldiers should never rely on

rumors, but only trust official sources for information.

Stress is not always a bad thing, said Mitchem. Sometimes it can be a motivator.

"Mental stress can motivate you," said Mitchem. "Not all stress is inherently negative. Everyone has an optimal stress level. It's important to know when you've reached that."

Some Soldiers experience this kind of stress through a dire need to do their duty.

"Some Soldiers have a positive stress where they are anxious to get over there," said Mitchem. "They are kind of fired up. It's a positive stress. They are ready, willing and able to fight for their country. They want to get their

name in the history books, so to speak."

For Soldiers who wish to get a handle on the stress they are feeling before a upcoming deployment, the Mountain Post Wellness Center holds pre/post-deployment stress management for Soldiers, units and family members. The class is made up of two sessions over two weeks. The first class is at 1 p.m. on the third Wednesday of every month. A one-on-one interview is required for individuals wishing to attend the course.

To set up a one-on-one interview prior to attending the pre/post-deployment stress management courses, call the Mountain Post Wellness Center at 526-3887.

Pets

From Page 12

tions, but there are also national programs to foster pets.

Among these relevant Web sites are NetPets at www.netpets.org, Feline Rescue at www.felinerescue.net, and Humane Society of the United States at www.hsus.org.

Most programs are set up with the understanding that fostering is free to the Soldier. The pet owner however is generally responsible for any veterinary bills.

If a pet owner is worried his four-legged friend may not remember him after being apart for so long, Hinton said it usually doesn't happen.

"Dogs and cats have pretty good memories and warm back up to their owner quick."

Chaplain

From Page 17

witnesses agreed that Plummer had consumed alcohol with enlisted troopers and had provided enlisted troopers with alcohol, both activities considered conduct unbecoming an officer under the Articles of War in use at the time. President Grover Cleveland approved Plummer's dismissal in November 1894.

Plummer requested that his

commission be reinstated several times, volunteering for service in combat during the Spanish-American War in 1898, and to serve in the Philippines following that war. His requests were denied.

Schwartz said Plummer faced discrimination because he was the only black officer in the regiment. In the military tradition of the period, officers of European ancestry commanded blacks.

In 2004, Plummer's great-grandnephew requested that the Army

review his ancestor's case, asking that the records of the Army be corrected to show the court-martial was overturned and expunged and that Plummer be issued an honorable discharge.

The Army Board for the Correction of Military Records reviewed the case. While it did not overturn the court martial, it concluded that extant racism at the time contributed to Plummer's treatment and the characterization of his service that led to the dismissal.

The board determined Plummer deserved an honorable discharge to restore equity.

"He had honorable service to his country during the Civil War, and for 10 years in the 9th Cavalry," Schwartz said. "He was a conscientious and well-respected officer, and his post-service conduct as well as his patriotism and love of country was taken into account."

Plummer's descendants will receive his honorable discharge certificate this week.



Out & About

Feb 17 - 25, 2005

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A Rap and Singing Competition
Duet's, Singles and Mc's

FEBRUARY 19TH

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\$10 Entry Fee

Entry Forms available at
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Local rap artist will judge
Who is Hot and Who is Not

FORT CARSON SKI DAY MARCH 4, 2005

Tickets include an all area, all day ski pass, and free rental ski equipment. The ticket will also include a free continental breakfast and drinks/snacks. All this for:

- * Adults (15 and over) - \$34.00
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- * Adult Lesson and Lift - \$50.00

* Free Rentals and Transportation with Registration while supplies last.

* Buses leave from the Outdoor Recreation Complex Parking lot, Building 2429 Specker Ave., at 5:00 am.

* Sign up and get your tickets at ITR building 2429

* For more information contact 526-5388/6590



DMWR UPCOMING EVENTS

- * Black History Celebration
~ Feb 24 ~ 526-4494
- * Black History Story Teller
~ Feb 24 ~ 526-4494
- * Free Saturday Matinee at 1300
~ Feb 19 ~ "Taxi" ~ 526-1867
- * All Army Wrestling ~ Mar 17
~ 526-2151
- * SKIES Programs ~ 524-2896
- * 5 Free Hours of Childcare
~ 526-1236
- * WIN \$1000 IN CASH ~ 3 on 3
Basketball Tournament
~ 526-4494 for details



Special Events Center • March 19, 2005 • 10 am - 2 pm

Come enjoy the Egg Hunt, Bunny, food, entertainment
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For more information 526-4494



Sports & Leisure

Honoring heroes

Fountain-Fort Carson High School honors Mountain Post

by **Walt Johnson**
Mountaineer staff

Rarely does an 85-63 victory take a back seat to the festivities off the basketball court but that's what happened Saturday at Fountain-Fort Carson High School.

The Trojans basketball team defeated Widefield in a game that was closer than the final score suggests. The real story of the night was the military appreciation night festivities that took place prior to the game and at halftime.

Fountain-Fort Carson High School and district officials wanted to thank the military community and honor the women and men of the armed forces who are serving our country now and have served our country over the years. The result was an emotional and heartfelt ceremony that accomplished its mission, according to Kelly Eichmann, Fountain-Fort Carson athletic director.

"We wanted to thank the military community for everything they do for our country and for us, and I believe the degree of success for this event was 110 percent. It was an awesome night tonight and a great chance for us to show our gratitude to the military," Eichman said.

When the horn sounded, ending the pre-game warmup festivities for the competing teams, an electric attitude filled the building as the full-house crowd started to anticipate

the ceremony.

When Fountain-Fort Carson official Ron Wilson welcomed the crowd, he asked all military members, past and present, to stand and the military members received a thunderous ovation.

With flags waving in the stands, Wilson then asked the packed house to stand as the colors were posted before being treated to the national anthem and "God Bless America." Norsia Harrison's rendition of the anthem and "God Bless America" moved some to tears and many to cheers and set the stage for the rest of the festive evening as far as Trojan fans were concerned.

Eichman said she has a special appreciation for the military because her father served the country as she grew up, making the occasion special for her.

"When I was growing up my dad was in the military, so I know what it was like to be in a military environment. We feel it is important to let our community know that we appreciate what the military does for us. It's important that the military knows we are here to support them too. This is just one way we can show our support for what they're doing for us," Eichman said.

Eichman said school officials would like to make military appreciation night activities an annual affair at one of the football, basketball and baseball games it plays each year.



Photos by Walt Johnson

Fountain-Fort Carson's Charlie Paddock, right, blocks the shot of Widefield's Geremy Archie, 55, during first half action Saturday at Fountain-Fort Carson High School.



Members of the Fountain-Fort Carson basketball team take the court as high-school and grade-school cheerleaders form a tunnel.



Guest singer Norsia Harrison pauses while singing "God Bless America" during pre-game ceremonies.

On the Bench

Post seeking varsity softball coaches

by Walt Johnson
Mountaineer staff

Mountain Post officials are looking for coaches for the men's and women's varsity softball teams.

Anyone interested in coaching either team is asked to contact the post sports office at 526-3162 by March 23. The softball season is tentatively scheduled to begin in May.

Mountain Post officials are also holding tryouts for the men's and women's varsity soccer teams. The tryouts will be conducted Saturday morning at 10 a.m. at Pershing Field on post. For more information, contact Mike Rueter, 233-6450, Forrest Gibson, 510-5136, Bill Reed, 524-1163 or Robert Nieto at 526-3162 for more information.

Anyone interested in playing for the post women's varsity volleyball team should contact Paula Dornick at 527-0722.

Anyone interested in playing in a summer competitive men's basketball league should contact Robert Nieto at 526-3162.

Members competing for a spot

on the all-Army wrestling team are going at it full force.

The wrestlers competing for a spot on this year's team have been working out at the World Class Athlete Program facility since Tuesday. People making the team will represent the Army at the upcoming interservice championships.

Wrestling interservice competition is scheduled to take place at the Olympic Training Center beginning March 31. All-Army head coach Shon Lewis has a number of exciting wrestlers to choose from for this year's team and the Army squad should be more than representative at this year's competition.

If you missed the military recognition day ceremonies at Fountain-Fort Carson High School Saturday, you missed one of the best events you can ever see.

Future cheerleaders from grade and middle schools in the district took part in the activities and they absolutely stole the show, according to Kelly Eichman, Fountain-Fort

See Bench, Page 25



Photo by Walt Johnson

Bam-bam coach Mel Arledge assists Ariana Rodriguez as she warms up for her game Saturday at the post youth center.

Bench

From Page 24

Carson athletic director.

"The kids were awesome, were they not? They were very special. The group consisted of children from the elementary schools in this area that took part in a minicamp today (Saturday). After the camp concluded, they were invited to come to support the program tonight and be a part of this evening.

They added so much to the night by their presence, they were just amazing," Eichman said.

The post varsity women's basketball continued its excellent season Saturday, defeating Buckley Air Force Base 53-42 at the Special Events Center.

The Lady Mountaineers were looking to wrap up the Colorado Springs City League championship Tuesday in Colorado Springs.

Current standings in the Fort Carson intramural basketball league:

National league

43rd CEC	9-0
DFAC	8-1
5025th GSU	8-2
C 1/44 ADA	7-3
L Troop	3-4
OSJA	3-7
A Btry 3/29	2-5
A Co, 52nd Eng	2-5
60th Ord	2-6
E Co 1/68	2-6
A Troop 1/3	0-7

American league

S & T Troop	8-0
64th FSB	8-1
230th FIN	6-2
1-68 CAB	5-3
C2-122 MP	5-3
ADA 1/3	4-3
534th Sig	4-5
MEDDAC	3-5
10th CSH	2-6
4th ID	0-8
Med Troop	0-9



Photo by Walt Johnson

DeeeeFense ...

Mountain Post defenders Kris Wright, 30, and Laticia Marks, 24, defend against a Buckley Air Force Base player.

Post intramural basketball tourney began Monday

by **Walt Johnson**
Mountaineer staff

Monday, 16 teams began the quest for the post intramural basketball championship in what promises to be the most innovative and exciting tournament here in years.

For the first time in recent history, the post championship will be decided in a best of three championship series as opposed to the one game, winner-take-all format used in the past. The winner of the American League will face off against the winner of the National League to decide the new post champion.

To get to the playoff series, teams will have to battle through a double elimination tournament that on Monday saw some outstanding games. In first round action in the American League at Garcia Physical Fitness Center, Supply and Transportation Troop, the American League's only undefeated team, kept its perfect season intact by defeating the 10th

Combat Support Hospital 61-55. In the second game of the night, the 230th Finance team defeated Company C, 2nd Battalion, 122nd Military Police 76-38 and in the best game of the night, the 1st Battalion, 68th Armor defeated the 534th Signal team 61-58 in overtime.

The Signal versus 1st Bn., 68th Armor game had all the elements of a great match up going from the very beginning. Although the signal team ended the regular season below the 500 mark, it was a dangerous team with good outside shooting and a post presence that is more than adequate. The 1st Bn., 68th Armor team finished two games more than 500 and brought many of the same qualities to the game. After 39 tough minutes in which the teams stayed very close to each other on the scoreboard, no team had more than a five-point lead in the second half, it came down to the last minute of play to decide the game. It

See Intramurals, Page 27

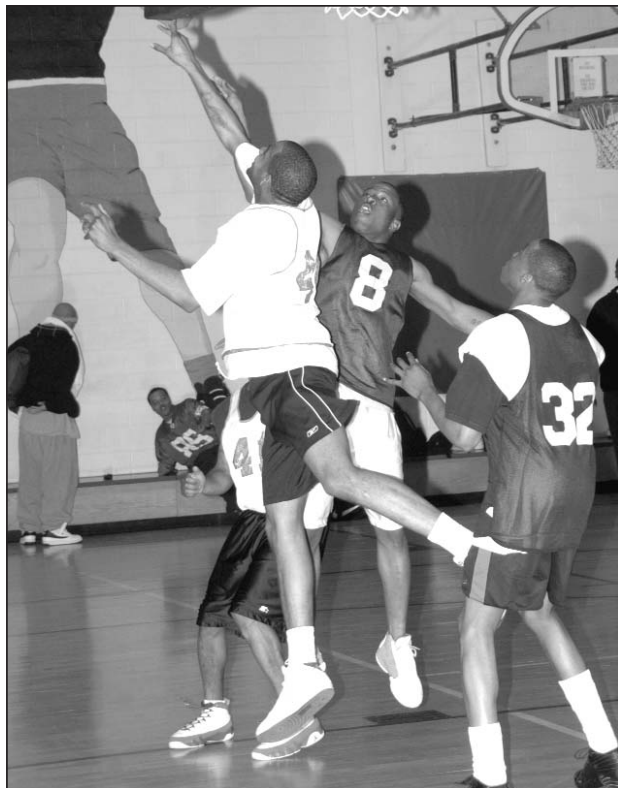


Photo by Walt Johnson

Medical Activity players, in the light jerseys, and Battery C, Air Defense Artillery players, in dark jerseys, battled all night for loose balls.

Sports & Leisure

Intramurals

From Page 26

looked like the Signal team would win the game in regulation, when with 18 seconds left in the game, Signal's Corey Herning dropped in a three-point field goal from the top of the key to give his team a 59-58 lead. The 1st Bn., 68th Armor team raced the ball up court but missed a potential game-winning shot with five seconds remaining. Trying to run out the clock after grabbing a rebound, the Signal team lost possession and fouled a 1st Bn., 68th Armor player, setting him up to shoot two free throws and possibly having a chance to win the game for the 1st Bn., 68th Armor in regulation play. The 1st Bn., 68th Armor player would make only one of the two free throws to force an overtime period which saw only three points scored, all by the 1st Bn., 68th Armor, to secure a 62-59 victory.

In National League action at Waller Physical Fitness Center, the only undefeated team in that league, the 43rd Combat Engineers Corps kept its record intact the easy way, getting a forfeit win over the 60th Ordnance. In the second game of the evening, the second best game of the night was played by the 5025th Garrison Support Unit as it defeated Troop L 62-59 in regulation play. In the nightcap of the National League schedule the Air Defense Artillery team defeated the Medical Department Activity 39-23 to advance to the winners round of the tournament.

Games in this year's tournament will be played at Garcia PFC, Waller PFC and some games will be played at the Special Events Center. If you are interested in knowing when your favorite team will be playing, there are brackets posted at Garcia and Waller PFCs. You can also call the staff at the facilities to get the latest schedule.

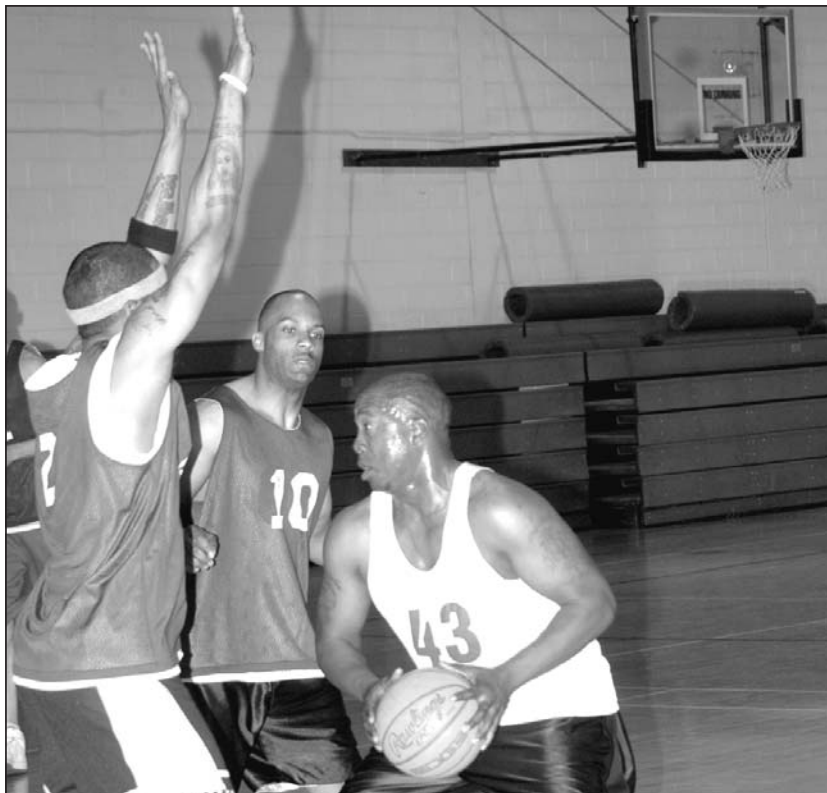


Photo by Walt Johnson

Ray Broughton, 43, 1st Battalion, 68th Armor, tries to get past the defense of two 534th Signal defenders Monday night at Garcia Physical Fitness Center.

Pioneers Museum

Story and photos by Nel Lampe
Mountaineer staff

An excellent place to trace Colorado Springs history

Colorado Springs had its beginning because of a railroad, but not as a large railway crossroads or railroad. The connection is through the city's founder, Gen. William Palmer.

Palmer was scouting routes in Colorado for the Kansas Pacific Railroad to expand to California.

He first saw Pikes Peak in the summer of 1869 and visited the Garden of the Gods, the soda springs, the canyons and creeks. Probably that very day, Palmer decided to build a

town in the shadow of Pikes Peak. He envisioned a resort that would attract wealthy people who would travel on the railroad he planned to build.

Palmer followed through on his plans. The train began operation in 1870, on a north/south route, eventually running from Denver to Mexico. He named it the Denver and Rio Grande.

The first stake for his ideal town was driven in 1871, and it was eventually named Colorado Springs.

The Colorado Springs Pioneers Museum is an excellent place to trace Colorado Springs history. Local history is depicted in several exhibits and films.

As a bonus, the building itself is historic.

The museum is housed in a 1903 building that was the El Paso County Courthouse for more than 60 years. A new courthouse was completed and the museum was moved into the old courthouse.

At the time the 1903 courthouse was designed, public buildings were grand. Colorado Springs was enjoying prosperity at the turn of the century. It was an attractive city, with large buildings. Its trolley system was one of the best in the world. The city had several parks, built by Palmer or on land he donated.

Colorado Springs Pioneers Museum is housed in the former 1903 courthouse.

Colorado Springs had many millionaires made wealthy by Cripple Creek gold discovered in 1891. Some millionaires were mine owners, others made their fortunes by investments or capitalizing on goods or services needed by the mining business. Gold extraction mills were established as were the Short Line and Midland Railroads, bars, stores, hotels and boarding houses. Colorado Springs reaped many benefits of the gold boom. Many of the mine owners lived in Colorado Springs; mining companies established offices in Colorado Springs and banks prospered.

Local citizens wanted a courthouse suitable for this prosperous city.

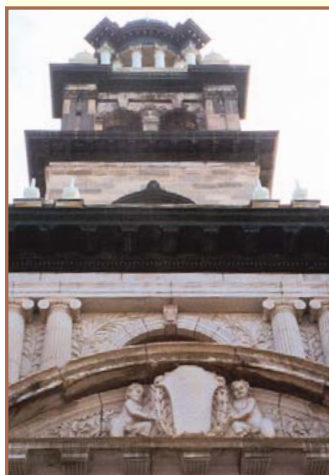
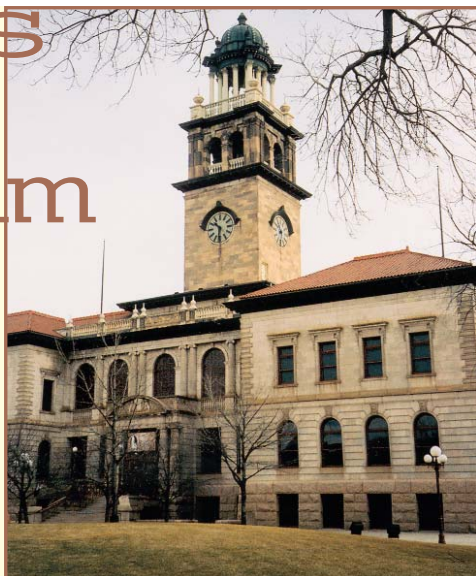
Local architect August J. Smith was selected to design the courthouse. A classical revival style architecture was chosen for the courthouse, a popular style for public buildings at the time. It was ornate and luxurious, with wide hallways, oak paneling, fancy light fixtures and marble-looking columns.

The court house's exterior is also ornate. It's built of stone quarried in Colorado: Ute Pass green sandstone, Platte Canyon pink granite and Cotopaxi lava. Stone carvings are above windows; a lighted clock/bell tower is on top of the building.

The drawings, photographs and details of the courthouse's construction are in an exhibit on the third floor.

The museum has several videos available in a theater by the first floor lobby. The selection includes "Then and Now, the Colorado Springs Story," a film about General William J. Palmer and one about Van Briggles Pottery.

Portraits of several prominent citizens are on the main floor such as Palmer, whose name is on several local landmarks: Palmer Park, Palmer High School and Palmer Hall at Colorado College. A small exhibit of Palmer artifacts is in the lobby and a



Carvings, pillars and arches are on each level of the building.



The former courthouse was built in elegant style, with marble-like pillars, ornate light fixtures and ceilings. Murals depicting local history are at left.

Happoemins



Places to see in the Pikes Peak area.

Feb. 17, 2005

Pioneer Museum

From Page 29

larger exhibit is on the third floor.

Nearby are portraits of Spencer and Julie Penrose, builders of the Broadmoor Hotel, whose home became the Fine Arts Center. The Penrose name is on the library, hospitals, a school and stadium. Penrose founded the zoo, built the Pikes Peak Highway and started the Pikes Peak or Bust Rodeo.

Another citizen important to local history was Winfield Stratton, a carpenter who became a multi-millionaire by finding gold in Cripple Creek. He bought the trolley system and spent millions of dollars to update it. The post office is named for him. A few elaborate pieces of furniture belonging to Stratton are displayed on the main floor; other artifacts are exhibited on the third floor.

Many pieces of art by well known 19th century artists, of the early West and Colorado, are displayed on the main floor.

An extensive collection of artifacts and historic photographs of American Indians from the Pikes Peak area is displayed on the main floor, with an additional display on the upper floor.

Lt. Zebulon Pike was sent to explore this part of Colorado in 1806. Pike and his Soldiers had seen the mountain he referred to as "Grand Peak

while several hours east; and after attempting to ascend it in during November 1806, said no human could climb it. The mountain was eventually named for him —Pikes Peak. An exhibit on the third floor of the museum is devoted to Pike.

A nearby exhibit depicts early Colorado Springs settlers — many of them farmers and ranchers.

The museum also has a collection of early military firearms on the third floor.

Health seekers helped Colorado Springs grow in the late 1800s and early 1900s. Tuberculosis, commonly called "consumption," was an ailment with no known cure. Many doctors at that time advised patients to go to Colorado for their health. Colorado Springs became a destination for many such patients as several TB sanitariums were established. Patients were housed in "lungers' huts." Rows and rows of these hexagon-shaped buildings lined local hospital and sanatorium grounds. This period of Colorado Springs' history is displayed on the museum's top floor, including an actual patient hut.

Nearby is an early drugstore, an early dentist office and antique doctors' instruments.

An unexpected benefit for Colorado Springs was that many patients who came for the "cure" stayed on, becoming leading and influential citizens.

One such famous patient was artist Artus Van Briggle. Van Briggle won many awards for his art pottery and a matte glaze he created. His vases are displayed in the Louvre in Paris and the New York Metropolitan Museum. One of the world's largest collections of Van Briggle pottery is displayed on the main floor of the museum.

An unusual exhibit on the third floor is a tribute to Helen Hunt Jackson, a well known author who came to Colorado Springs in 1873

for her health. Jackson's house on East Kiowa Street, built by Stratton the carpenter, was given to the museum. The house, along with Jackson's furnishings, is in the museum. Visitors to the Jackson house can see how local citizens lived 100 years ago.

Once one of the most beautiful courtrooms in the nation, an oak-paneled courtroom now serves as an auditorium for lectures and programs. The room has been seen in several movies and television programs, such as "The Outlaw," "The Incident" and a Perry Mason episode.

A special exhibit in the museum until mid March is a "One Smokin' Collection: Pipes from the Colorado Springs Pioneers Museum," featuring more than 100 exotic and domestic pipes.

In addition to special and changing exhibits throughout the year, the Friends of the Colorado Springs Pioneers Museum hosts free lectures. Next on the schedule is "African American Service Women and My Experiences in Iraq," with Former Spc. Latoya Lucas, who received a Purple Heart in Iraq. The lecture is at 2 p.m. Saturday. Call 385-5990 to reserve a place. The lectures are free and open to the public.

A small museum store has a large collection of books on Colorado and local history as well as a selection of postcards and souvenirs.

The museum is at 215 S. Tejon and is open Tuesdays through Saturdays from 10 a.m. until 5 p.m. Between Memorial Day and Labor Day, the museum is also open Sundays from 1 until 5 p.m.

Admission is free. Parking is at metered parking on the streets by the museum.



Visitors learn about life in Colorado Springs 100 years ago from the Jackson home, an exhibit in the Pioneers Museum.

Just the Facts

- **Travel time** 15 minutes
- **For ages** all
- **Type** history museum
- **Fun factor** ★★★★★ 1/2
(Out of 5 stars)
- **Wallet damage** free
 - \$ = Less than \$20
 - \$\$ = \$21 to \$40
 - \$\$\$ = \$41 to \$60
 - \$\$\$\$ = \$61 to \$80

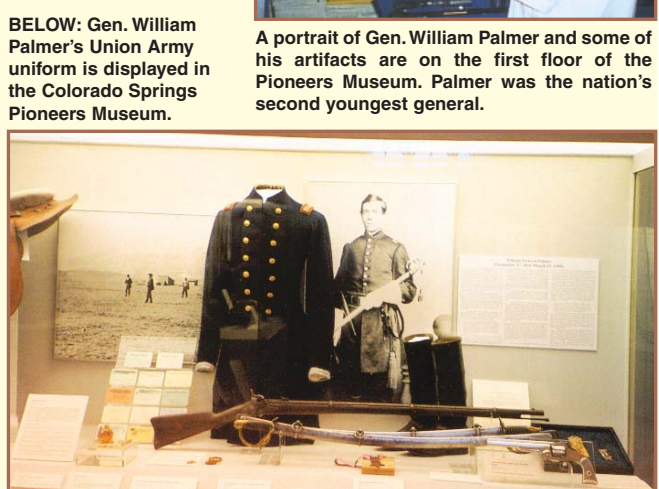
(Based on a family of four)



A portrait of Gen. William Palmer and some of his artifacts are on the first floor of the Pioneers Museum. Palmer was the nation's second youngest general.



Two exhibits of American Indian artifacts and historic photographs are in the Colorado Springs Pioneers Museum.



BELOW: Gen. William Palmer's Union Army uniform is displayed in the Colorado Springs Pioneers Museum.

Happenings



World Arena venue

Allison Krauss and Union Station are in the World Arena at 8 p.m. March 16. Call 576-2626.

Colorado College Ice Hockey team plays University of Denver March 3 at 7:35 p.m. in the World Arena. Call 576-2626 for tickets.

Michael W. Smith is in the World Arena April 19. Tickets are on sale, 576-2626.

The arena is at 3185 Venetucci Blvd., near Tinseltown theater.

Pikes Peak Center

"The Full Monty," a Tony Award winner, is in the center March 15 and 16, at 8 p.m.

Rob Becker's "Defending the Caveman" is April 8 and 9, at 8 p.m.

Call 576-2626 for tickets and information about Pikes Peak Center events. The theater is at 190 S. Cascade Ave.

Colorado Springs Philharmonic Classical Series continues with Gershwin's Concerto, Feb. 26 at 8 p.m. and Feb 27 at 2:30 p.m. Tickets start at \$12; 520-SHOW.

Colorado Springs Philharmonic Pops Series continues with Lee Greenwood in concert March 5 at 8 p.m. Call 520-SHOW for tickets, which start at \$12.

The Colorado Springs Philharmonic plays

"Gershwin's Concerto" Feb. 26 at 8 p.m. and Feb. 27 at 2:30 p.m. in Pikes Peak Center. Tickets are available at 520-SHOW. The Pikes Peak Center is at 190 S. Cascade Ave.

The Artie Shaw Orchestra, directed by Dick Johnson, performs in the Pikes Peak Center April 6. Tickets are on sale, starting at \$22, at 576-2626.

Museum Discovery Days

Museum Discovery Days are observed every Saturday from 10 to 11:30 a.m. in the Colorado Springs Fine Arts Center, 30 W. Dale St. The event is geared for ages 6 to 10, and introduces children to the world of fine art. Regular admission fees apply: \$5 for adults and \$2 for children ages 6 to 10.

Ice skating

John Hancock's "Champions on Ice," including skaters Michelle Kwan, Sasha Cohen, Timothy Goebel and Johnny Weir, is in Denver's Pepsi Center at 3 p.m. April 24. Tickets start at \$34; call (303) 830-TIXS.

Academy theater

"Steel Magnolias" is Feb. 25 at 8 p.m. in the Academy's Arnold Theater. Tickets start at \$15.

"Young Ambassadors" is in the theater March 5 at 7:30 p.m. Tickets are \$12.

"Bring in Da Noise, Bring in Da Funk," is March 12 at 7:30 p.m. Tickets start at \$20.

"Contact" is March 30 at 8 p.m., with tickets starting at \$20.

"The Passing Zone" is April 23 at 7:30 p.m. All performances are in the Arnold Hall

Theater. Call the box office at 333-4497.

Fine Arts Center theater

Fine Arts Center Repertory theater production of "Cabaret," runs through Feb. 27 at the theater, 30 W. Dale St. Performances are at 8 p.m. Fridays and Saturdays and at 2 p.m. Sundays. Tickets are available at the box office, 634-5583, for \$26.

Disney on Ice

Disney On Ice's Mickey and Minnie's Magical Journey is in the Denver Coliseum March 9 through 13. There are daytime and evening shows, which start at \$13. Call (303) 830 TIXS or Ticketmaster, 520-9090 for information.

Mickey and Minnie's Magical Journey will be in the Colorado Springs World Arena April 6 through 10, but tickets are not yet on sale. Call 576-2626 for information.

JoyRides

Celebrating Presidents Day Weekend, JoyRides Family Fun Center offers 50 percent off all-day, all-access wristbands Friday, Saturday, Sunday and Monday. JoyRides is at 5150 Edison Ave., a mile and a half east of Academy Boulevard on Platte (Highway 24 East).

Country Dinner Playhouse

Agatha Christie's "Ten Little Indians" is at the Country Dinner Playhouse in south Denver, at Interstate 25 and Arapahoe Road. Tickets are \$35 to \$40; call (303) 799-7410 or go online at www.countrydinnerplayhouse.com.

Happenings



Air Force photo

Academy Band concerts ...

A free concert Sunday at the Pikes Peak Center at 2 p.m. features the "Falconaires." Another free Academy Band concert is March 20 at 2 p.m., featuring the Concert Band, pictured above. It is also at the Pikes Peak Center. Free tickets are at the center box office.



Program Schedule for Fort Carson cable Channel 10, today to Feb. 25.
 Army Newswatch: stories on: Personnel Command, Army Sports year in review and Afghanistan humanitarian assistance. Airts at 7:30 a.m., 12:30 p.m., 7:30 p.m. and 12:30 a.m.

Air Force News and Navy/Marine Corps News are no longer available separate from the Pentagon Channel. Please watch Channel 9 to see these shows.

The Mountain Post Community Town Meeting, held monthly, airts at 9 a.m. and 5:30 p.m.

The Pentagon Channel plays on Channel 9. In addition to standard pro-

grams like Army Newswatch, the channel will feature other Army-related programs, including briefings and other military news.

If you have comments on Channel 10 programming or wish to coordinate a broadcast on Channel 10, please contact Chief of Command Information at 526-1241 or via e-mail at CommandInfo@carson.army.mil.

Program times will be published in the *Mountaineer* provided coordination is made one week prior to publication.

For additions to the Community Calendar, please submit an e-mail to the above address. Send a clean, type-written copy of the information to the Public Affairs Office, room 2180, 6151 Specker Ave., Fort Carson, CO 80913 or fax information to 526-1021 no later than the Friday before desired airing time.